



Meditation Monthly International

Agni Yoga & the Christ

Letters Of Helena Roerich I, 12 April 1935. In answer to your letter, I can only repeat my affirmation which still stands in its original strength and truth: the Great Advent cannot be manifested in an ordinary way, and it cannot take place in the physical body. One should understand that the Great Lords take on or maintain this or that Image, according to the needs of the world. Why is it so difficult to imagine that a Great Individuality does not require a physical body to manifest very close to us? Moreover, the facts of the past, with examples in modern times, show how strangely the appearance of Great Spirits is taken by ignorant humans. At best they have been given the epithet of charlatan or spy, or both. Generally, people attribute their own vices to others. It would be most edifying to read the historical facts of the life of Count Saint-Germain, the envoy of the White Brotherhood. But even if Christ Himself appeared now among us, would He be able to escape imprisonment, or even execution? Please reread Dostoyevsky's "The Grand Inquisitor." One must realize that the Greatest Individuality cannot be manifested now, in the midst of chaotic thinking and the vibrations of depraved crowds. The Great Lords apply in everything the great Law of Goal-fitness. Please realize that in view of the level of contemporary humanity, the Advent in a physical form is entirely impossible and would be only disastrous for the whole of evolution. The Great Individuality—invisibly visible—will rule, equipped with the Rays of the powerful but invisible Laboratory.

Letters Of Helena Roerich I, 22 March 1935. All the Great Teachers, who have appeared in various nations and countries under different Images, are the Gates to the Spirit. Each of them is the Alpha and Omega, and it is even so with each person who has found and affirmed the principle of Christ within himself. You remember the expression "the microcosm is as the Macrocosm." We all know that the term "Christ" was taken from the pagan dictionary and originally meant

"Initiate" or "Hierophant." The Christ is our purified and highest Ego. I shall quote a verse from the Epistle to the Galatians (4:19): "My little children, of whom I travail in birth again until Christ be formed in you." From this statement it is clear that the term "Christ" in those days signified an especially high state of consciousness. An explanation of the concept "Christ" can be found also in the books of "Dobrotolubye." Also, the words, "I travail in birth again" affirm the law of Reincarnation.

Illumination, II:V:5. The Star of Allahabad pointed out the way. And so We visited Sarnath and Gaya. Everywhere We found the desecration of religion. On the

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Cover picture from *The Christ* by Nicholas
Roerich

Networkers' Letter

Dear Friends,

For many young people in the United States, the month of June is a time of graduation. This is when they will be facing new challenges and choices as to how they will live, work and relate to others in a global environment that is becoming more polarized between the forces of darkness and the Forces of Light. In 1963, at another tumultuous time in our history, Dr. Martin Luther King gave the commencement address to the graduating students of the City College in New York. In his address he said, "As you move into your various fields of endeavor, you will be moving into a world of catastrophic change and calamitous uncertainty. Indeed, we live in a day of grave crisis....[which] presents a real challenge to all men of good will. We are challenged to develop a world perspective. No nation or individual can live alone in the modern world. We must all learn to live together as brothers or we will perish together as fools. All life is interrelated, and all men are caught in an inescapable network of mutuality, tied in a single garment of destiny."

The Full Moon of Gemini, the Festival of Humanity, is the third major solar event of the spiritual year. It is the time when the energies of Goodwill are being released upon our planet. Goodwill is a healing energy that "heals cleavages, emotional and mental barriers, and leads to total understanding."¹ Today all of humanity is challenged to utilize this energy and work toward the development of right human relations in all fields and with all peoples. Gemini provides a testing ground. It asks us to take a look at our lives and see what part of us is progressing and what part is refusing to unfold. It makes us aware of our choices and urges us to make the right choices in our relationships, in our working life, and in our moral and spiritual life.

From *Supermundane IV*, para. 850, we read, "The beautiful concepts of goodness and kindheartedness should not be demeaned by the ignorant. To them a good-hearted person seems foolish and is not to be trusted. What can be higher than a

striving toward beneficence, toward good? It is the wise man who directs all his forces toward good. And when he is in the Supermundane World he will not regret his striving, which, as a magnet of good, will attract to him the best companions on the path.

"People in the earthly state dream about cooperation, but in the Supermundane World it is even more keenly experienced. It strengthens the spirit and multiplies the psychic energy. While on Earth, people attempt to raise their consciousness with all kinds of yoga, in order to approach the Higher World. But the Supermundane World demands much greater tension in order to advance. Continuously, without ceasing, the pilgrim in the Supermundane World must move forward—or fall backward, like a stone dropped into an abyss. Goodness offers protection against this, but man must first acquire true goodheartedness. It will help to avoid irritation, violent anger, and malice.

"The Thinker insisted, 'Put on the armor of goodwill and you will become unconquerable.'"

How many of us desire to graduate from the point where we are now into a state of being that is more loving, giving, patient, tolerant, and understanding—a life reflective of the energy of Goodwill?

Let us strive in this new spiritual year to take the cumulative energies of the three major Solar Festivals and give birth to the change we would like to see in our lives and in the world.

From my heart to yours,

President

¹ Torkom Saraydarian, *Symphony of the Zodiac*, p. 137.
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Sunday Talk

Reappearance of the Christ

*Whenever there is a withering of the law and an uprising of lawlessness on all sides, then I manifest Myself. For the salvation of the righteous and the destruction of such as do evil, for the firm establishing of the Law, I come to birth age after age.*¹

*Whenever men become indifferent toward their duties and responsibilities, and whenever unrighteousness and disorder increase, then, indeed, I manifest Myself.*²

*To protect the virtuous, to destroy the wicked, and to re-establish the sense of duty and responsibility, thus I manifest Myself age after age.*³

When we compare these three sacred readings to the times we are in: the uprisings around the world; the lawlessness going on in the world; genocides, disease, hunger, poverty, and lies; we see that our hope for the future lies in the Great Avatar, in the Christ, telling us that when these things are prevalent upon the Planet Earth “then, I will manifest Myself.”

These quotations are from a sacred book called the Bhagavad Gita. The Bhagavad Gita is part of the *Mahabharata*, an epic poem handed down orally from generation to generation. As we read these quotes, they almost sound as if they could have been found in the Holy Bible. However, when we read sacred Truth, the Truth of God, such Truth will be found written in all the sacred religious texts from around the world, whether it be the Holy Bible, the Koran, the Torah, the Bhagavad Gita, or in the writings of ancient cultures; we will inevitably see the recurrence of such Truth. In different languages, in different religions and faiths, the words will ring true to all seekers of Truth.

As we celebrate the Festival of Christ, the Solar Festival of Gemini⁴, we must remember that the religious world is waiting for the return of their Spiritual Leader.

In all the major religions “[s]ome one is expected and His coming is anticipated. Al-

ways in the past, it has been the religious teachers of the period who have fostered and proclaimed this expectancy and the time has always been one of chaos and difficulty, of a climaxing point at the close of a civilization or culture and when the resources of the old religions have seemed inadequate to meet men’s difficulties or to solve their problems. The coming of the Avatar, the advent of a Coming One and in terms of today, the reappearance of the Christ are the keynotes of the prevalent expectancy. When the times are right the invocation of the masses is strident enough and the faith of those who know is keen enough, *then* always He has come and today will be no exception to this ancient rule or to this universal law. For decades, the reappearance of the Christ, the Avatar, has been anticipated by the faithful in both hemispheres—not only by the Christian faithful, but by those who look for Maitreya and for the Bodhisattva as well as those who expect the Imam Mahdi,” and the Jewish Messiah.⁵

“...Christ comes forth for two reasons: *one*, the inscrutable and unknown Cause prompts Him so to do, and [*two*] is the demand or the invocation of humanity itself.”⁶ The return of the Christ “is consequently a spiritual event, coming to us to bring about great changes or major restorations, to inaugurate a new civilization or to restore the ‘ancient landmarks’ and lead man nearer to the divine. They have been defined as ‘extraordinary men Who from time to time appear to change the face of the world and inaugurate a new era in the destinies of humanity.’”⁷ The Teacher of angels and men will come, we are told, in times of crisis. All Great Ones, Avatars, when they return to humanity and the planet will create situa-



tions “in order to bring to an end the old and the undesirable and make way for new and more suitable forms for the evolving life of God Immanent in Nature.”⁸ Great Ones, the Greater and Lesser Avatars “come when evil is rampant. For this reason, if for no other, an Avatar may be looked for today. The necessary stage is set for the reappearance of the Christ”⁹—the Greatest of all Avatars: “the Master of all Masters, and the Teacher alike of angels and men.”¹⁰

What is an Avatar? “Avatars are very advanced souls that come cyclically to the planet or to the solar system to lead humanity and all the life within the solar system into a better life, into a great vision in harmony with the Purpose of the Solar Life.”¹¹ Many believe such a time is imminent.

In the New Testament, the first chapter of the Acts of the Apostles describes Christ’s Ascension and Reappearance in this way: “and a cloud received him out of their sight. As the disciples were looking up, two angels appeared and told them that the same Jesus, taken up from you into heaven, shall come again in the same way as you have seen him go.”

In the book *Discipleship in the New Age*

II, it reads, “The task is, through meditation, to establish the knowledge of and the functioning of those laws and principles which will [prevail] in the coming era, the new civilization and the future world culture. Until the foundation... is at least laid, the Christ cannot reappear; if He came without this due preparation much time, effort and spiritual energy would be lost. [W]e must assume ... that there must be organized—in the near future—a group of men and women in every country, who, under due and proper organization, will ‘simultaneously and unanimously’ meditate upon those ... measures and ... basic laws upon which the rule of Christ will be founded....”¹²

What are the laws, the commandments? Though we don’t know exactly what the new laws may be, the Teaching has given us information by which to live our lives in such a way that as souls, we will be ready for the Reappearance. Some of these laws are:

1. Christ commanded “*And you must love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your might; this is the first commandment. And the second is like to it, You must love your neighbor as yourself. There is no other commandment greater than this.*”¹³

But that second ancient commandment has been advanced to this: *Love your neighbor more than yourself.* Do you even know your neighbors? In a recent interview the Dalai Lama said of Americans: “You can travel anywhere in the world, yet you don’t bother to cross the road to meet your neighbours.”

2. Daily, pray and meditate. Daily, strive to contact the spirit of the Christ. Each day pray, ask Christ to guide your hands and feet in the direction where you can best serve in His name, in the name of the kingdom of God.

3. The Mother of the World. The Teaching



Issa and the Skull of the Giant by Nicholas Roerich

reminds us about the “dual origin” of the Cosmos. The Master M said that Cosmos exists in the greatness of the dual origin. The dual origin is the Masculine and Feminine Principles. The Feminine Principle has been called by many names: Mother of the Universe, World Mother, and Sophia. To the Esoteric Christian She is known as the Holy Spirit, one of the Divine Triad. The Ageless Wisdom, the Perennial Teaching, tells us that the Mother of the World is the spiritual Mother of every child of Earth whose heart is attuned to Hers, that she is the Initiator of the Planetary Hierarchy, the spiritual Mother of all the Christs and Buddhas of human history.

As we consider the time of the approach of the Christ, we must also consider that at the same time we will see the approach and reappearance of the World Mother, for it must be so. Helena Roerich says: “The New Epoch must manifest due respect to the Mother of the World, to the Feminine Element. ‘The bird of the spirit of Humanity cannot fly with only one wing.’” In this coming new epoch, in which we will see and experience the Reappearance of the Christ, we will also realize the Epoch of Woman and create a golden balance in everything.

Agni Yoga Teaching indicates: “Woman must affirm herself, and that is why the

Sword of Spirit is given precisely into the hands of woman. In the East this epoch is noted as the epoch of Maitreya, the epoch of Great Compassion, and the epoch of the Mother of the World.”¹⁴

Venus plays an important link to the Mother of the World as well as to the Lord Maitreya. Helena Roerich tells us that the Lord Maitreya came from Venus at the dawn

*of the formation of physical man. She wrote: “The star of the Mother of the World is the planet Venus. In 1924 this planet for a short time came unusually near to the Earth. Its rays were poured on the Earth, and this created many new powerful and sacred combinations which will yield great results.”*¹⁵ Many feminine movements were kindled by these powerful rays. In June of 2004, Venus passed directly in front of the disc of the sun and will do so again in June of 2012. Can we see this as a sign of the incarnation of the Mother of the World, or at least an increase in feminine leadership in preparation for the return of the Lord Maitreya and the Mother of the World? Can the passage of Venus indicate the approach of the Reappearance of a Master, the birth of an Avatar—or other great spiritual events in the world of humanity?

Daily as you align your heart with the heart of the Cosmic Christ, you must also align your heart to the Feminine Principle, to the Mother of the World. Once you align yourself with the Mother of the World, say, “Let there be Light. Let there be Love.”

4. Virtues. Each day or each week select one virtue in which you feel you are weak and need to strengthen through practice and development. Remember virtues are made of the nature of the soul; as you practice a virtue it puts you in contact with the treasures

of your Chalice. To develop a virtue “means to associate yourself with the Cosmic Entity Who is the Source and the embodiment of that virtue”¹⁶ —

Virtues such as:

Harmlessness	Humility
Right speech	Temperance
Selflessness	Joy
Stability	Contentment

5. Service. Each day ask yourself how you can help another person, or ask forgiveness from someone you have harmed in the past, or even forgive yourself of various things about which you are carrying guilt. Service means that you are giving yourself to others as a soul, that you are creating a soul-to-soul relationship, and in so doing, creating right human relations.

Christ said: *A new commandment I give you, that you love one another; just as I have loved you, that you also love one another. By this every man shall know that you are my disciples, if you have love one for another.*¹⁷ That new commandment is now a very old commandment. As we look objectively throughout the world, from man to man, woman to woman, family to family, church to church, nation to nation, have we been successful in carrying out this commandment? When Christ and the Mother of the World return to humanity, will we be ready?

6. Purification of your heart. Throughout childhood and on into adulthood, your heart accumulates many pains and rejections. If you do not purify those experiences from your heart, your heart will darken to the point where you can no longer love unconditionally; you will be unable to find compassion—that all inclusive and understanding love.

As we undergo the purification of the heart, we will soon live a life that understands beyond the limitation of time; beyond evil thoughts, evil plans, hatred, and separatism.

It is through a purified heart we will recognize the radiant energy of the Mother of the World and the Christ upon Their Reappearance upon our planet.

How can we purify our hearts?

- Overcome selfishness.
- Develop the spirit of worship, aspiration, devotion, admiration, and a life dedicated to higher ideals.
- Clean your vanities.
- Renounce your ego.
- Do not try to control the lives of others.
- Do not speak evil.
- Try to see beauty in everyone.

Aries (Easter) through Taurus (Wesak) and the Festival of Gemini (the Festival of the Christ) is the time of rebirth of the Christ Principle in our heart.



Signs of Christ by Nicholas Roerich

continued from page 1

way back, under the full moon, occurred the memorable saying of Christ.

During the night march the guide lost his way. After some seeking I found Christ seated upon a sand mound looking at the sands flooded by moonlight. I said to Him, “We have lost the way. We must await the indication of the stars.”

“Rossul M., what is a way to Us, when the whole world is awaiting Us?”

Then, taking His bamboo staff, He traced a square around the impression of His foot, saying “Verily, by human feet.”

And making the impression of His palm,

He surrounded it also with a square. “Verily, by human hands.”

Between the squares He drew the semblance of a pillar surmounted by an arc. He said: “O how Aum shall penetrate into the human consciousness! Here I have drawn a pistil and above it an arc, and have set the foundation in four directions. When by human feet and human hands the Temple will be built wherein will blossom the pistil laid by Me, then let the Builders pass by My Way. Why should We await the way, when it is before Us?”

Then, rising, He effaced with His cane all

¹ Bhagavad Gita, quoted in Alice Bailey, *The Reappearance of the Christ*, p. 5. © 1948, 1976 Lucis Trust

²⁻³ Bhagavad Gita, sutras 7 & 8, trans. H. Saraydarian. p. 33. © 1974 H. Saraydarian

⁴ Also known as the Festival of Humanity.

⁵⁻¹⁰ Alice A. Bailey, *The Reappearance of the Christ*, pp. 5, [ftns. 6-9]8, 170 respectively. © 1948, 1976 Lucis Trust

¹¹ Torkom Saraydarian, *Avatars – Revelations of God*, p. 145. © 2004 The Creative Trust

¹² Alice A. Bailey, *Discipleship in the New Age II*, pp. 236–237. © 1955 Lucis Trust

¹³ Mark 12:30–31 Lamsa.

¹⁴ *Letters of Helena Roerich*, Volume 1, 8 March 1935. © 1954 Agni Yoga Society, Inc.

¹⁵ *Ibid.*, 11 January 1935.

¹⁶ Torkom Saraydarian, *Challenge for Discipleship*, p. 63. © 1986 Torkom Saraydarian

¹⁷ John 13:34–35 Lamsa.

that He had drawn.

“When the Name of the Temple will be pronounced, then shall the inscription emerge. In remembrance of My constellation, the square and nine stars shall glow over the Temple. The sign of the foot and the hand shall be inscribed above the Cornerstone.”

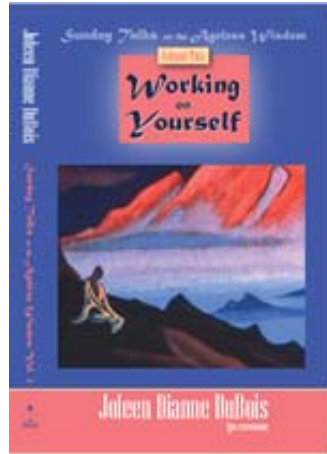
Thus He Himself spoke of the eve of the new moon.

And the heat of the desert was great.

The Star of the Morning is the sign of the Great Epoch which will flash as the first ray from the Teaching of Christ. For who is to extol the Mother of the World if not Christ, the One so demeaned by the world.

Give Us the Arch of the Dome, wherein to enter.

Letters Of Helena Roerich I, 25 March 1935. The books of “Dobrotoluby” were sent to me from Athos, but I am sure that some of our “Old Believers” may have them. Some pages are very similar in spirit to the Eastern Teachings, and to the Teaching of Living Ethics. Remarkable are the statements of the great Antonius regarding the Royal Path or the Path of Balance. This Middle Way, or Golden Mean, was also advocated by all the great Teachers of humanity. How beautiful is the task or purifying the Teaching of Christ in the spirit of the earliest great Christian workers in the spiritual realm, and of expounding it in a new understanding! It would be excellent to examine the history and all the resolutions of the early Church Councils, and to learn how in the course of time the majority of the representatives of the church turned away from Truth. Yes, of course, it would be most valuable to obtain the work of Origen, *On the Elements*. There are so many commentaries on all the obscure parts of the Gospels and on the Old Testament. The task of the purification of what is accepted as Christ’s Teaching, and the proper way of correlating it in spirit and unity with all the other great Teachings of the East, would be a most precious contribution to our either poor or inaccessible religious lit-



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“It would be so magnificent if we could review the past and realize that our tests, our difficulties, our looming problems, our mechanical way of living were put in front of us with the support of our Solar Angel, the Master, or the Ashram. In essence what is happening when we find ourselves confronting problems and difficulties is that these are tests of opportunity for enlightenment. If we want our life to change, we first have to work on ourselves. Working on ourselves brings the answers as to why we have the kinds of difficult relationships, or problems we do. Finding these answers means that we are experiencing enlightenment. We can make something good happen, and making something good happen requires an awakening. The awakening sends the urge to work on ourself.”

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erature. The fire of the heart can be smothered by ploughing through the modern theological works. This is true not only of Christian theology, but of other religions as well. Only by returning to the original sources is one able to discover the beauty and unity of the great Revelations.

Illumination, III:IV:8. People will ask: “Who is greater, Christ or Buddha?” Answer: “It is impossible to measure the far-off worlds. We can only be enraptured by their radiance.” The Ray of Christ feeds the Earth as much as the Rainbow of Buddha bears the affirmation of the law of life.

The New World will manifest the affirmation of fearless cognition. There the Images of the Teachers will enter into life as Friends. The Decree of the Teachers will be upon the shelf dedicated to beloved books.

In the period of the abolition of money it is urgent to replace its power by affirmation of the spirit’s power to help. Knowledge must finally build scientifically the bridge of aspiration towards the spirit.

The deplorable condition of the Societies for Psychic Research must be replaced by a fearless and truthful judgment.

How can one sit together with hypocrites and liars who excellently guard their pockets!

Achievement must be made manifest and freed from the dust of prejudices.

Can a respectable man concern himself with an achievement? He has not enough room on his chest to hold all the earthly decorations. He is at a loss how to uphold all of grandfather’s customs. But customs make one customary. Therefore, I urge you to look at the sky as if for the first time.

I urge you to view with horror the filth of cities as if for the first time.

I urge you to think about Christ and Buddha as if for the first time.

I urge you to picture the New World as if for the first time.

The least particle of personal property of bygone days is like a millstone around one’s neck.



June / July 2006 CALENDAR OF EVENTS

The Florida (Sarasota)
WMEA Study Group meets at 9:30 a.m., on alternate Thursday mornings in Sarasota. Please call **Ginette Parisi** at (941) 925-0549 for complete information.

The Ohio (Ashville) WMEA
Study Group meets twice a month for meditation gatherings. For upcoming meeting dates and times, please call **Kate Studebaker** at (740) 983-6030.

The Puerto Rico WMEA
Group meets weekly to study the Teachings— Please call **Saskia Frau** at (787) 780-6276 or (939) 389-1149 for complete information.

The Oregon (Lebanon)
WMEA Study Group meets each month for a meditation gathering. Please call **Vickie Stevens** at (541) 258-6142 for complete information.

The Colorado (Longmont)
WMEA Study Group meets each month for New & Full Moon meditation gatherings. Please call **Doreen Trees** at (303) 651-1908 for complete information.

June 2006

Sun. 4 Sunday Service: Meditation, Singing, and Lecture **“How Is the Heart Affected by Education?”** with Rev. Joleen DuBois, 10:00 a.m., Creekside Center

Noon: **Men’s WMEA Study Group** – Prescott Pantry

Tue. 6 Class: **How To Teach**, 6:30–8 p.m., WMEA Center

Wed. 7 Class: **Psyche & Psychism**, 7–8 p.m., WMEA Center

Sun. 11 Sunday Service: **Sun Festival of Gemini Group Meditation & Lecture** – Rev. Joleen DuBois, 10:00 a.m., Creekside Center

Tue. 13 Class: **How To Teach**, 6:30–8 p.m., WMEA Center

Wed. 14 Class: **Psyche & Psychism**, 7–8 p.m., WMEA Center

Sun. 18 Sunday Service: Meditation, Singing, and Lecture **“Father’s Day”** with Richard Woodard, 10:00 a.m., Creekside Center

Tue. 20 Class: **How To Teach**, 6:30–8 p.m., WMEA Center

Wed. 21 Class: **Psyche & Psychism**, 7–8 p.m., WMEA Center

Sun. 25 Sunday Service: Meditation, Singing, and Lecture **“How is the Soul Affected by Education?”** with Rev. Joleen DuBois, 10:00 a.m., Creekside Center

Tue. 27 Class: **How To Teach**, 6:30–8 p.m., WMEA Center

Wed. 28 Class: **Psyche & Psychism**, 7–8 p.m., WMEA Center

July 2006

Sun. 2 Sunday Service: Meditation, Singing, and Lecture **“Health, Education, & the Teachings”** with Rev. Joleen DuBois, 10:00 a.m., Creekside Center

Noon: **Men’s WMEA Study Group** – Prescott Pantry

Tue. 4 NO Class

Wed. 5 Class: **Psyche & Psychism**, 7–8 p.m., WMEA Center

Sun. 9 Sunday Service: **Sun Festival of Cancer Group Meditation & Lecture** – Rev. Valarie Drost, 10:00 a.m., Creekside Center

Tue. 11 Class: **How To Teach**, 6:30–8 p.m., WMEA Center

Wed. 12 Class: **Avatar Study Group**, 7–8 p.m., WMEA Center

Sun. 16 Sunday Service: Meditation, Singing, and Lecture **“How Important is Education in Leadership?”** with Rev. Joleen DuBois, 10:00 a.m., Creekside Center

Tue. 18 Class: **How To Teach**, 6:30–8 p.m., WMEA Center

Wed. 19 Class: **Psyche & Psychism**, 7–8 p.m., WMEA Center

Sun. 23 Sunday Service: Meditation, Singing, and Lecture **“The Soul & the Human Constitution”** with Rev. Joleen DuBois, 10:00 a.m., Creekside Center

Tue. 25 Class: **How To Teach**, 6:30–8 p.m., WMEA Center

Wed. 26 Class: **Psyche & Psychism**, 7–8 p.m., WMEA Center

Sun. 30 Sunday Service: Meditation, Singing, and Lecture **“Is ‘Group’ Part of the New Education?”** with Rev. Joleen DuBois, 10:00 a.m., Creekside Center

Ask about classes for kids and teens on Sundays.

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